The starting point for the methodical recommendations is the description of the origin and application of the RI, POT, and CIT methods, the oldest in the history of polygraphy, accompanied by detailed information on the algorithm of the pre-test interview, preparation of questions, recording of the test, and ways of processing.
examination results. The advantages and disadvantages of individual methods are also considered.

The publication is based on primary sources with appropriate references, and on modern scientific research compiled by Vitalii Shapovalov, Diana Alieksieieva-Protsiuk, Dmytro Zubovskiy, and Oleksandr Alieksieiev. As the authors note, they understand well that the RI and POT formats are considered outdated, but their correct application, taking into account their capabilities and limitations, can be useful in certain cases. Moreover, the idea of preparing these methodological recommendations was related to the fact that the POT and RI formats still have many supporters in contemporary Ukraine, who, unfortunately, continue to use them as the main toolkit for conducting polygraph examinations and drawing conclusions therefrom. Moreover, these tests are often used in violation of the rules and/or in untested proprietary modified versions.

The authors hope that the methodological recommendations in the book will help to expand the polygraph experts’ knowledge of the RI, POT, and CIT, while complying with the recommendations and requirements for their application will allow polygraph experts to use the entire methodological toolkit in their practice in a balanced and correct manner.

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